



War and Peace



"We had to leave our home." Naw Wah begins telling her story of fleeing her home country, Myanmar (formerly Burma), to escape civil unrest and persecution. So many of her ethnic group, the Karen, and many others, have escaped from Myanmar over the past decade, seeking peace and safety for themselves and their families. Naw Wah and her husband escaped to another country and waited several years for a new home. They were blessed to be among the few refugees chosen to move to America.

As refugees, they had health insurance provided to them for three months, giving them time to settle and begin work. Her husband got a job at a factory where he was provided health insurance. When he encountered health issues at that job, he was forced to quit and take on two part-time jobs. Neither job provides affordable insurance. Naw Wah has not been working while her children were young and in school. No affordable insurance is available to her. They make too much money for Medicaid to cover her, but not enough to afford insurance on the open market. As so many of our clients experience, there is a large gap between being poor enough to receive aid and making enough money to afford insurance.

Naw Wah and her husband have done their part to pursue the American dream. They studied and became US citizens. They purchased a home. Her husband works two jobs. They are actively involved in their community, assisting other Burmese refugees to assimilate. Their children are all attending school, so Naw Wah is now able to pursue an education to provide her with a good job. Despite all their hard work, health care costs make regular medical and dental care out of

reach. Her husband needs care for his health issues and Naw Wah struggles with severe asthma. Both of them need dental work to alleviate issues from life in a third world country. This aspect of the American dream has eluded them.

Good Shepherd has made the difference for this young couple. Naw Wah says, "I have no insurance. I have asthma. The inhaler is so expensive. It costs \$200. The asthma is so bad for me, especially when it is cold. I get bad headaches and it is very difficult." Good Shepherd provides her with two medicines that control and treat her asthma, allowing her to attend school and care for her family. "Thank you to Good Shepherd for providing for me. Good Shepherd is near to us. They help me a lot, even extracting my tooth." Your donations are keeping the American dream alive for this family of refugees. They thank you for all you do!

Taking Stock



"When I first started working, I bought some shares of Disney stock thinking they would be a good future investment. I've held them for many, many years and fortunately they grew in value. Today, I used them to make my charitable donation to Good Shepherd. I believe in the mission and work of Good Shepherd and by making my gift with stock, I can make a larger gift than if I gave a cash gift." Sherry Rhodes, Board Member

Appreciated stocks are an optimal way to make a gift to Good Shepherd. No capital gains tax are paid and your charitable donation is the value of the stocks on the day transferred. The stock is transferred electronically by your broker or financial adviser. Call Good Shepherd to get further information on how to donate stock.

A Great Good Sip!

Thank you to all who attended Good Sip at Bleu Garten on September 20th. We had a fantastic turnout and a fun evening. We raised nearly \$5,000 to bridge the gap in healthcare in OKC! We want to especially thank our sponsors: DowntownOKC; Midtown Renaissance; Orthodontic Arts; Elite Document Imaging; and Citizens Bank Edmond. The food trucks were excellent and we had so much fun awarding raffle prizes. Make plans to join us for next year's event, bigger and better than ever.

Oh, Shoot!

The Clay Shoot scheduled for October 6 has been postponed until March 1, 2019. This postponement gives you time to get your team together and sign up. It's a full day of clay shooting, lunch, and empowering Good Shepherd to

provide quality, consistent medical and dental services for the vulnerable members of our community.

[Sign Up Here Today](#)



BYOD and Student Activity



Bring Your Own Dentist Day

We love this idea! Our dental student volunteers so enjoy their time serving at Good Clinic. They brainstormed ways to invite their colleagues and mentors to become involved. And BYOD (Bring Your Own Dentist) Day was born. Dental students invited their mentor dentists to volunteer on a Saturday morning. They served 16 patients and had a great time. In fact, the

next BYOD has already been scheduled. We love creative and exciting ways to involve more volunteers in the work we do here, serving the vulnerable members of our community. Well done, students!

Miles for Smiles

The Oklahoma ASDA chapter is proud to announce the first annual Miles for Smiles 5K. This is a race that seeks to encourage not only a healthy body, but also a healthy mouth. All benefits will go to Good Shepherd Ministries. Our goal is to ensure that Good Shepherd remains a staple in the OKC community, with adequate funding and assistance for many years to come.

What are you waiting for? Lace up those running shoes to help contribute to a deserving cause.



[Sign Up for Miles for Smiles](#)

