



Giving Birth to a Tumor



Ruth lived with incredible pain for too long

Ruth moved to Oklahoma 14 years ago. She began working as a hair stylist and enjoyed a wonderful life with her family. The only negative was the pain she experienced on a regular basis. She experienced constant pain and discomfort in her abdomen. While she saw doctors at the beginning and tried to comply with their suggestions for her, she found it difficult to do. Without insurance and funds for regular doctor visits, it was not always possible to care for herself as she should. She felt better for a while, but soon the pain returned. Like too many of our patients, Ruth couldn't afford to return to the doctor or to follow medical advice so she chose to live with unceasing pain.

Ruth finally came to Good Shepherd. She refers to Good Shepherd Clinic as a "holy place", a place where people with no insurance can be served. When Ruth arrived, she was in a great deal of pain. Doctors found a mass in her uterus. It was so large that Ruth had dilated to 3 as her body tried to deliver the mass and relieve the pain. The doctors at Good Shepherd referred her to get ultrasounds and they were able to diagnose and effectively treat Ruth's symptoms. With medical intervention and medicine, Ruth is now pain free and able to work and live a better life.

As she speaks of Good Shepherd, Ruth says, "The doctors at Good Shepherd really care about their patients. You can see it in the way they talk to us and the way that they treat us. It's so incredible that they help people in need." Good Shepherd Clinic exists to help vulnerable community members just like Ruth, hard-working people who simply can't afford insurance or consistent medical and dental care. The care that Good Shepherd providers have for our patients is real. We invite you to join us by volunteering, praying, or giving today.

Thank you! 2018 in Review

2018 was an amazing year at Good Shepherd Clinic. We provided over 7,210 medical, dental, pharmacy, nutritional education and other health related services to over 3,137 patients. 540 volunteers worked alongside our staff to provide all these services for free. We raised over \$658,000 to fund staff, supplies, and equipment. YOU are essential to our work! We continue to ask for your support. It takes all of us to make the community aware of the both the need and the solution Good Shepherd provides. It takes all of us providing financial support to provide the supplies our staff and volunteers need as they use their skills to serve. 2018 was amazing and 2019 looks even brighter. Thank you for being a part of this great work!



Playing for Health



SPORTING CLAYS FUN SHOOT

Invite your friends for an exciting new event. Good Shepherd is hosting a charity Clay Shoot. On March 1st at 10:00am we will meet at Silverleaf Shot Gun Sports in Guthrie. A team of shooters costs \$600 and individual shooters cost \$150. All participants receive lunch, ammunition, and a gift. All proceeds go to benefit the work of Good Shepherd Clinic.

[Sign Up Here](#)



CHARITY GOLF TOURNAMENT

Make the hole. Make a difference.

Good Shepherd is once again hosting a charity golf tournament. It will be held May 13th at 12:00pm at The Greens Country Club. A team of four costs \$500 and a single player costs \$150. All proceeds benefit the work of Good Shepherd Clinic.

[Sign Up Here](#)

Good Shepherd Eye Clinic Update



Thanks to all of you who have donated to our eye clinic. So far, we have raised \$8975 and have purchased several pieces of equipment. We are still accepting donations to complete our clinic. Dr. Venincasa plans to open the clinic by summer 2019. We anticipate the joy of seeing our patients receive the eye care that they desperately need.

Looking Ahead

Feb. 1st & 2nd 10th Annual Mission of Mercy

The Oklahoma Mission of Mercy, or OkMOM, is a two-day, free dental clinic offering treatment to patients that are either uninsured, under-insured or would normally not have access to dental care. At the event, patients will undergo a dental screening to identify their needs and determine a treatment plan. Each patient is then routed to the appropriate areas of the clinic: oral surgery, extractions, restorations, pediatrics and hygiene. Each year, OkMOM volunteers anticipate treating as many patients as possible over the course of the event. Good Shepherd staff and volunteers are a part of this special day. Many volunteers, including non-medical, make this day possible. To learn more about how you can volunteer, visit their website at www.okmom.org.

Feb. 15th Fun Friday at Good Shepherd

Once a month, Good Shepherd hosts a Friday dental clinic. Volunteer dentists and hygienists help us serve more patients with an extra day of care.

March 1st Good Shepherd Sporting Clays Fun Shoot

A fundraising and fun event to raise money for the work of Good Shepherd. See the announcement above, or go to the [registration page](#) for more information.

March 1st Fun Friday at Good Shepherd

Once a month, Good Shepherd hosts a Friday dental clinic. Volunteer dentists and hygienists help us serve more patients with an extra day of care.

March 9th Community Health Fair

Good Shepherd and other community health providers will be part of a health fair providing resources and information on health for the community. Health Fair will be held at Pete White Wellness Center at INTEGRIS Southwest.

